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"I TEACH MARTIAL ARTS TO 300 GIRLS EVERY WEEK, BUT WE DON'T HAVE ENOUGH SPACE," SAID AKSHAY KUMAR

Mumbai: Akshay Kumar who was a professional martial arts trainer before he started acting, launched an initiative to train women in free-of-cost martial arts classes that teach them self-defense. More than 2000 girls are already part of these classes in Maharashtra. He is now planning to extend a helping hand to launch more such self-defense classes.

The actor is currently busy promoting his upcoming film "Gabbar is Back", the story of a common man waging war against corruption around him. His character in the film sees him create a parallel army to fight against corruption and that has inspired him to teach martial arts to more and more women in the form of free self-defense classes to protect them from crime against them.

Akshay Kumar has already trained 10 Black Belt Martial Artists, and wishes to expand his army, that teaches women self defense, under his senior most student Mehul Vora,

Director & chief instructor at the Women's Self Defense Center –WSDC. Well considering the welfare of Indian women has become a contentious issue, we think it's a great initiative.

"I teach Martial Arts to 300 girls every week. From Corporate to media to house maids everyone. But we don't have enough space. I am going to open more classes in next couple of months. And its all free of cost", says Akshay Kumar.

Akshay, who is a sixth degree black belt in Karate and has earned the title of Shihan or master instructor, also wants self-defence to become compulsory in every school. Earlier, in an interview to the [Times of India](#) he said, "Do you know that when the attacks of 26/11 happened at Leopold Cafe, there were 11 foreigners at that time, but not even one of them got injured as the moment they were attacked, they lay down on the floor, whereas the Indians did not know what to do and therefore got killed. When a grenade attack happens, it is the splinters that fly from it that hit you and kill you, but if you lie down on the ground, you can get saved. That is why countries like China, Hong Kong and Singapore train you on how to deal with difficult situations like fire, floods, attacks and even earthquakes. It is my dream that one day martial arts will become compulsory in schools for every child."