

# Akshay Kumar thrilled with CBSE's move to introduce self-defence training for girls

Avinash Lohana | Mumbai Mirror | Mar 10, 2016, 09.41 AM IST

**After Central Board of Secondary Education (CBSE) declared their decision and issued directives to all affiliated schools to dedicate 45 minutes every day to self-defence training for girl students, we couldn't be more happier.**



Bollywood's Khiladi Kumar AKA Akshay Kumar is one person who is extremely happy with this move. Not many know that Akshay also runs a martial arts school for women in Mumbai. More than seven thousand girls have graduated from Akshay's self-defense school in the last five years and every year, the numbers just keep going higher and higher. Akshay also revealed that there were a lot of blind students who attended the school and ended up feeling self-reliant and stronger.

Akshay said:

"This has been a dream come true for me. Given the times that we live in, self-defence is an important skill to have and should be made compulsory for girls in every school. I congratulate the CBSE Chairman, Seshu Kumar, for making this happen."

Akshay is now hoping that private schools too must implement the same very soon. He added, "Self-defence is important for one's safety and I will continue to promote it diligently till it's implemented everywhere."

Akshay, who is trained in martial arts has partially pulled off all his stunts on the big screen himself. He said, "I started practicing the art when I was around eight or nine years old and I understand the importance of discipline and self-defense."

When Akshay was asked if he intends to impart the same skills in her four-year-old Nitara, he grinned and said, "FOR SURE!"



Even when he has a packed schedule because of his shoots, promotions, this cause never took a back seat for Akki. He signed off saying:



"I don't personally train them, those who have learnt from me are the ones who teach them regularly. I make sure to visit the school ever so often, definitely on graduation day. It's a proud day for me that I wouldn't want to miss."

Well said, Akki! You are a star in every sense of the word.